

Trauma and Grief Therapy Directory for Santa Barbara Mudslide & Fire Survivors and Families

Thank you to the following agencies for being front and center in serving the immediate needs of the community in the aftermath of the fire and mudslide

The American Red Cross: Offering disaster mental health services
www.redcross.org/volunteer (800)REDCROSS or (805) 687-1331

Hospice of Santa Barbara: Offering grief therapy for all ages
www.hospiceofsantabarbara.org (805) 563-8820

Santa Barbara Response Network: Offering psychological first aid (PSA)
www.sbresponsenetwork.org (805) 699-5608

These Santa Barbara therapists are offering up to six FREE trauma & grief therapy sessions offered until May 2018

AHA! Grief and trauma therapy for fire/mudslide survivors and their families (up to six sessions free)
www.ahasb.org

Questions: Contact Roxanna Petty Administrative Manager and Bilingual Parent Contact (805) 770-7200 x. 5
Roxana@ahasb.org

Licensed Therapists working with AHA! who will offer up to 6 free trauma and grief therapy:

- All do EMDR
- All work with clients of all ages

Sabrina Geshay, LMFT
www.linkedin.com/in/sabrina-geshay-7296355/ (805) 705-1656

Michelle LeBeau, LCSW
www.linkedin.com/in/michelle-lebeau-b4500777/ michellelebeau@gmail.com (805) 708-8105

Caitlin Slutsky, LMFT
www.psychologytoday.com/us/therapists/caitlin-y-slutzky-santa-barbara-ca/115772 (805) 705-1924

Laurel O'Connor, LMFT Intern
www.heartcenteredsb.com/ (805) 699-5028

Trainee's with AHA! Call (805) 770-7200 x.5 to be referred to a MFT trainee

Alia Aizenstat, MFT trainee

Claire Blakey, MFT Intern

Julian Henderson, MFT trainee

Donnie Hedden, MFT trainee

Private Practice Therapists of Santa Barbara offering up to six sessions of free grief and trauma therapy to fire/mudslide survivors

(This list will grow as we hear from more therapists in the community)

Christina Donaldson, PhD
www.linkedin.com/in/christina-donaldson-764903101/ (805) 657-0847

Diana Ferrari, LMFT
www.linkedin.com/in/diana-m-ferrari-b7302a61 (805) 965-6830

Rudi Lion, LMFT
www.rudilion.com/ (805) 453-4826

Linda Menendez, LCSW
www.lindamenesez.com (805) 569-0264

Jackie Beraldo, LMFT
www.psychologytoday.com/us/therapists/jacqueline-beraldo-santa-barbara-ca/111537
(916) 247-0660, EMDR

Judith Rubenstein, LMFT
www.psychologytoday.com/us/therapists/judith-rubenstein-santa-barbara-ca/105104
(805) 637-6850, EMDR

Karen Tyrell, LMFT
www.psychologytoday.com/us/therapists/karen-tyrrell-santa-barbara-ca/92699 (805) 895-6022

Elizabeth Wolfson, PhD, LCSW
www.elizabethwolfson.net/ (805) 564-6642

Family Therapy Institute of Santa Barbara: Offering a free hour and a half Disaster Support and Assessment. The Family Therapy Institute is committed to helping victims of the recent fires and mudslides. We specialize in work with children, couples and families.

If you have been affected directly or indirectly by the recent disaster, therapists at the institute are offering free introductory sessions to provide support, encouragement and to assess your needs for further counseling assistance.

Please contact us through our intake at 882-2424 x. 115. www.ftisb.org/

Questions: Contact Nancy Villalobos Administrator and Bilingual Contact (805) 882-2424 x. 111; nancy@ftisb.org.

Copied from the SBCPA DISASTER RESPONSE REFERRAL LIST

LOCAL PSYCHOLOGISTS OFFERING FREE AND REDUCED-FEE SERVICES SBCPA Licensed Psychologists (alphabetical; note ages served):

Betsy Bates Freed, Psy. D. (Adults): Short-term therapy for \$25/hour; fee waived for those unable to pay
www.sbcpa.org/Sys/PublicProfile/8298221/1409860 (805) 979-3440

Gail Brenner, Ph.D. (Adults) (805) 570-9765
www.GailBrenner.com www.sbcpa.org/Sys/PublicProfile/8298254/1409860 gail@gailbrenner.com

Bonnie Brown, PsyD (Adults) Fee reduced to \$85/hour
www.sbcpa.org/Sys/PublicProfile/11496946/1409860 (805) 633-0602

Melissa Jones Cantekin Ph. D. (Adolescents and adults): No fee for those who cannot pay
www.sbcpa.org/Sys/PublicProfile/8298297/1409860 (805) 965-9508

Hallie D'Agruma (Ages 11+)
drhdagruma@dagruma.com www.sbcpa.org/Sys/PublicProfile/37103599/1409860 (413) 551-9611

Megan Donahue, PhD (Children, Teens, Young Adults, Families): Three free sessions & negotiated fee thereafter
info@drmegandonahue.com www.sbcpa.org/Sys/PublicProfile/30597542/1409860 (805) 886-8208

Dr. Jennifer H Harris (Ages 3+): Availability on the weekends and some evenings.
www.sbcpa.org/Sys/PublicProfile/24476127/1409860 (805) 636-1681

Diana Hill, PhD (Ages 16+)
www.dradianahill.com www.sbcpa.org/Sys/PublicProfile/26541872/1409860 (805) 669-8182

Karen Lehman, PhD (All ages, including children, teens and parents): \$25 reduced fee for short-term sessions, or free if unable to pay; insurance also accepted
dr.karen.lehman@gmail.com www.sbcpa.org/Sys/PublicProfile/8298267/1409860

Jessica Liberman, Psy.D. (Adults)
www.drjessicaliberman.com www.sbcpa.org/Sys/PublicProfile/8298317/1409860 (805) 453.3882

Deborah C. Schiller, Ph.D. (Adults & Families)
dcschiller@cox.net www.sbcpa.org/Sys/PublicProfile/8298219/1409860 (805) 284-8824

Angela Vigna, Psy.D. (Ages 12+): Specializes in Teens with history of dangerous behaviors
drangelavigna@centralcoastdbt.com www.sbcpa.org/Sys/PublicProfile/24673180/1409860
(805) 858-8618

Jordan Witt, PhD (Children over 5, teens, and adults): Three free sessions
jw@jordanwittphd.com www.jordanwittphd.com www.sbcpa.org/Sys/PublicProfile/8298315/1409860
(805) 564-1763